

Kitchen Creations

FREE Diabetes Cooking Classes!



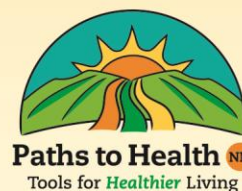
Please join us for this **FREE** series of **4 classes!**

- Learn how to plan meals that help manage diabetes.
- Practice cooking foods in healthier ways.
- Enjoy the support of others who are living with diabetes.

Provided by:



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College of Agricultural, Consumer
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For more information about
Paths to Health NM programs, call:
505.850.0176 or 575.703.2343



Class Details

- DAY OF WEEK:** Wednesdays and Fridays
- DATES:** May 8, 10, 15, 17
- TIME:** 11:00 AM-1:30 PM (lunch provided)
- LOCATION:** Curry County Extension Office
600 Woods St
Clovis, NM 88101
- INSTRUCTORS:** Mindy Turner, Curry County
Extension FCS Agent
Ty-anne Belcher, MS, RD, LD
- TO REGISTER:** Call 575-763-6505 or visit our website

kitchencreations.nmsu.edu

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to visit our website

